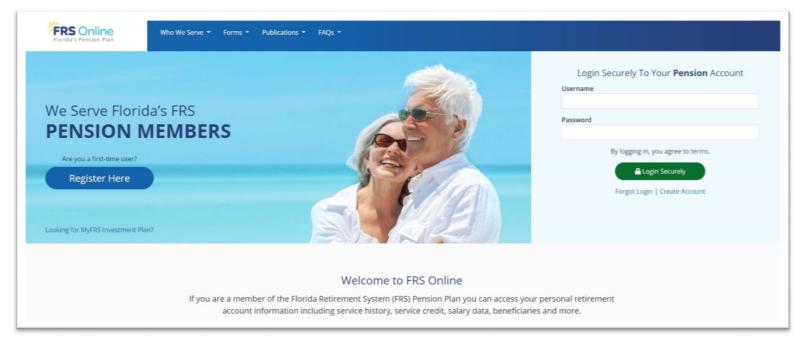
## How do I create or access my FRS Online account?

First, navigate to the homepage of FRS Online at frs.fl.gov.





## **First-Time Users**

If you are setting up your FRS Online account for the first time, click on either the 'Register Here' button or the 'Create Account' link to get started. You will be asked a series of questions to securely identify yourself and setup your FRS Online account. Follow each prompt to complete the process.

## **Returning Users**

If you have already setup your FRS Online but cannot remember your username or password, click the "Forgot Login" link to recover your account information. You will be asked a series of questions to securely identify yourself and recover your FRS Online username and reset your password. Follow each prompt to complete the process.



## Helpful Tips for Maintaining Your FRS Online Account

- Consider using your personal email address to receive information about your FRS Pension benefit if you change jobs or retire.
- Log in periodically to view your contact information and make sure it is up to date.
- Keep your username and password credentials secure.

**Questions?** If you have any questions about your FRS Pension Plan benefit or using FRS Online, please call toll-free at 844-377-1888 or 850-907-6500.